



- Quality Management ISO 9001
- Environmental Management ISO 14001
- Food Safety Management ISO 22000
- OHSAS 18000
- ISO Training
- ISO IMPLEMENTATION
- SHEQ Consulting
- HACCP (Food Safety)
- EUREPGAP



ERGONOMICS TRAINING

Duration: 1 day

Key objective: The objective of this course is to ensure that all students have the knowledge and practical skills to prepare for their work in their different environments, tools and materials.

Concepts discussed:

- Introduction to Ergonomics
- Defining Ergonomics
- The Interdisciplinary Nature of Ergonomics
- The Workstation Analysis Process
- Application of Ergonomics in Practice
- Ergonomics in Occupational Health & Safety
- Human Abilities and Limitations
- Human Biological Issues
- Human Physical issues
- Ergonomic Principles and Considerations in Workstation Design
- Ergonomic Evaluation techniques & Methods
- Types of Criteria and Measurement Available for Ergonomics Evaluation
- Purpose for Ergonomic Evaluation

Hennie van Vreden
Marketing Manager
Superior SHEQ Systems
Cell: 073 494 0362
Office: 018 469 1555
Fax: 018 469 2964

E- mail: superiorsheq@absamail.co.za
Web: www.superiorsheq.co.za